

# **The Weight of your Words**

**“Mommy loves you.”**

**I'm so proud of you!**

**“I will  
always  
have your back.”**

**Recognize**

**Recognize**

**Take responsibility for  
OUR words**

**Every Conversation**

**Is a**

**Construction Zone**

# **The Weight of Your Words**

**Words aren't equally weighted**

**Source Determines Weight**

**Intent is Usually Irrelevant**



**There is no  
necessary correlation  
between  
intent and outcome**

# **Intent is Usually Irrelevant**

**Explaining  
Does Not Equal  
Repairing**

**We need to be  
glued back together**

**I was trying to be funny  
It wasn't my intent to hurt you**

**They communicate blame**

**We blame them for taking my words the way they took  
them**

**If they understood me (intent) they wouldn't be hurt  
(outcome)**

**Explaining  
Sounds Like  
Blaming**

**I said I'm sorry**

**Implication**

**Why aren't you fine now?**

**Why aren't WE fine now?**

**Apologies don't  
reverse and erase  
accidental injuries  
to the soul**

**An apology  
combined  
with an explanation  
sounds like  
an excuse**



# **James 3:2**

**We all stumble in many ways.**

**Anyone who is never at fault  
in what they say is perfect.**

**Mouth Control  
is the Ultimate  
Self-Control**

**Consider what a great forest  
Is set on fire by a small spark  
The tongue is also a fire**

**“I’m so sorry.”**

# Most Important Part

**“ ”**

**•**

# **The Weight of Words**

**Words aren't equally weighted**

**Source Determines Weight**

**Intent is Usually Irrelevant**

**Your Mouth is ALSO a Tool**

**This is what love sounds like.**

**This is what love does.**

# **Ephesians 4:29**

**Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.**